



# *Prayer List*

## *Our Father*

Our Father, who art in heaven, hallowed be thy name, thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

## *Hail Mary*

Hail Mary, full of grace, the Lord is with you! Blessed are you among women, and blessed is the fruit, of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

## *Glory Be*

Glory be to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and ever shall be world without end.

## *Apostle's Creed*

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son,  
our Lord,  
who was conceived  
by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again  
from the dead;  
he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come to judge  
the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## *Act of Contrition*

O my God, I am heartily sorry for having offended you, and I detest all my sins, because of Your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin.

## **OR**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

## *7 Sacraments*

Baptism  
Eucharist  
Confirmation  
Reconciliation  
Anointing of the Sick  
Matrimony  
Holy Orders

## *10 Commandments*

1. I am the Lord your God you shall not have other gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

- Please be sure to be able to describe or have some understanding of the seven sacraments
- Know the various items and areas of the church, things such as
  - o Tabernacle
  - o Altar
  - o Ambo
  - o Chalice
  - o Sacristy
  - o Sanctuary
  - o Etc...
- Know parts of the bible (especially what was taught during bible studies)
  - o Old Testament
  - o New Testament
  - o First Reading at Mass Comes from
  - o Second Reading
  - o Gospel
  - o Responsorial Psalms
  - o Where to look for a bible verse
  - o What is the book, chapter and verse

