



Dear Sponsor,

Congratulations on being asked to be a Sponsor. Many people do not realize or overlook just how important this role is. Many of the candidates today, are faced with far more challenges than ever existed, even a few years back. In a world where things are constantly changing and becoming increasingly demanding, one thing still remains the same, and that is the Love of Christ for us.

As a sponsor, you play such a vital role helping these teens in their faith life and ultimately leading them closer to Christ. You are not just another friend, family member, or mentor but a true witness and soldier for Christ. Being a Sponsor does not mean that you will always have the right answers, or know everything there is to know about your faith. Perhaps you yourself might even be on shaky ground when it comes to your own faith life. However, I assure you that you are here, and have been asked for a reason.

I urge you to participate in as many activities throughout the year with your candidate as possible. Take this next year to build a solid relationship with your candidate and truly grow deeper in faith together. This a great opportunity to not only help your candidate develop his or her faith, but to strengthen your own. Below you will find suggestions and ideas that you may want to use during this journey of Confirmation. I pray that during the next year you will enter into a close, intimate relationship with Christ, and that you will experience the Lord's immense love for you and your candidate. You are always in our prayers.

Peace In Christ,

*Peter & St. Mary's Life Teen*

## *Sponsor Tips & Ideas*

The following suggestions will help you build a relationship with your candidate both on a personal and a spiritual level. If you have any questions or if we can be of any help please feel free to contact us: [lifeteen@stmarysdartmouth.org](mailto:lifeteen@stmarysdartmouth.org).

### **One Minute Ministry**

If you know that your candidate has something important coming up (a test, a game, a school dance, etc...) send a quick text message, email, give them a quick call, or jot down a short note and put it somewhere they will find throughout the day. Show them your support and that you are praying for them.

### **Get In the Know**

Perhaps your candidate has an interest, a skill, or talent that you know nothing about. Let them teach you about it. Ask questions and find out more. Show them you're interested. You could learn a lot.

### **Attend School Events**

Make some time to attend a sporting event, a performance, or other school functions that your candidate is involved in.

### **Hang Out**

Schedule a set time weekly, that you and your candidate can hang out and talk. Check out a movie, go for dinner, or just talk.

### **Pray**

Take some time daily to pray for your candidate. This is by far the best thing you could ever do for them or anyone.

Take some time to pray with your candidate also.

Ask your candidate to pray for you.

## **Share Daily Scripture**

Choose a scripture verse daily and text it or email it to your candidate, it will encourage both you and your candidate to read the bible, which is a powerful thing.

Here is a good one : Acts 1:8 ←-Check it out!

## **Share Your Story**

Share your faith story with your candidate. Ask them to share theirs.

Talk to each other and ask your candidate for their opinion.

## **Mass**

The biggest prayer we could ever partake in is Mass. Attend Mass together!

## **Attend Life Teen Events**

Throughout the year we will have a number of different activities going on. Check out our website calendar and see what's going on – [www.stmarysdartmouth.org](http://www.stmarysdartmouth.org).

Participate in our social activities, or community service opportunities. Check out one of our Life Nights on Sundays.

Consider being a core member and helping out with your Candidate's Life Teen Group.

## **Grow in Faith**

Check out other praise and worship opportunities that you can attend with your candidate.

Look into various events that will strengthen your faith life.

Check out the Diocese of Fall River webpage for things happening around the area:

<http://www.fallriverdiocese.org/>

## **Research**

The internet can be a powerful tool. Research online for other ideas and suggestions!