

Book Recommendations:

The Power of Moments by Chip and Dan Heath
Jewish Roots of the Eucharist by Brad Pitre
The Power of a whisper by Bill Hybels

**Week One**

The message offered five kinds of moments: moments of decision, insight, teachable, relational and significance. Which of those moments struck a cord with you and why?

What moments in your life have you felt close to God or understood his clear direction for your life?

Do you agree that your time is in God's hands? How does that verse help us to make sense of the moments that impacted us?

What would you say are the three defining moments of your life that best explain who you are and where you are in life?

What kind of moments do you hope to create for the people you love and serve?

Scriptures

My times are in your hands. -Psalm 31:15

The purpose in a man's heart is like deep waters, but the man of understanding will draw it out. -Proverbs 20:5

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Week Two

Name a few moments in your life where you were different after the moment than before?

What do you think might have happened to the woman caught in adultery? How might her life have changed after the moment that Jesus acquitted her?

Talk about a moment in your life when it felt like God might have been inviting you into something significant? How did you respond?

How can you create a moment for someone else that could include him or her in God's bigger story (to small group, to mass or into ministry)?

Scriptures

John 8:1-11

A crowd soon gathered, and he sat down and taught them.³ As he was speaking, the teachers of religious law and the Pharisees brought a woman who had been caught in the act of adultery. They put her in front of the crowd. ⁴“Teacher,” they said to Jesus, “this woman was caught in the act of adultery.⁵ The law of Moses says to stone her. What do you say?”

⁶They were trying to trap him into saying something they could use against him, but Jesus stooped down and wrote in the dust with his finger. ⁷

⁷They kept demanding an answer, so he stood up again and said, “All right, but let the one who has never sinned throw the first stone!” ⁸ Then he stooped down again and wrote in the dust.

⁹When the accusers heard this, they slipped away one by one, beginning with the oldest, until only Jesus was left in the middle of the crowd with the woman.¹⁰ Then Jesus stood up again and said to the woman, “Where are your accusers? Didn't even one of them condemn you?”

¹¹“No, Lord,” she said.

And Jesus said, “Neither do I. Go and sin no more.”

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Week Three

What are some moments of challenge (big or small) that have defined your life?

Is anyone in the group anticipating or preparing for an upcoming moment of challenge? Share what it is and how the group can offer support.

Ruth's moment of challenge forced her to choose between two main priorities: herself and her family. Do you agree with Ruth's decision to remain loyal to her mother-in-law? Why or why not?

What keeps you going in the midst of challenge? How can you grow a greater resolve to persevere through life's challenges?

Does it offer you comfort or hope to believe that God is working out his plan for redemption through our moments of challenge?

Will you try to approach any current or future challenges differently?

Scriptures

Then Naomi said to her two daughters-in-law, "Go back, each of you, to your mother's home. May the Lord show you kindness, as you have shown kindness to your dead husbands and to me. May the Lord grant that each of you will find rest in the home of another husband." -Ruth 1:8-9

"Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God." -Ruth 1:16

And Ruth the Moabite said to Naomi, "Let me go to the fields and pick up the leftover grain behind anyone in whose eyes I find favor." -Ruth 2:2

The women living there said, "Naomi has a son!" And they named him Obed. He was the father of Jesse, the father of David. -Ruth 4:17

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Week Four

What are some moments God used in the past to help you start a new season of life? How did God get your attention?

What are some new things you would like God to do for you in the coming year? What needs to be refreshed in your life because it is old or stale?

When have you seen God's power move in your life in the past? How might this indicate what he wants to do for you in the future?

Are there any past moments that are holding you back from a new or fresh start? Are you holding onto some past hurts or critical messages that God wants you to let go of?

Read aloud Exodus 3:1-4. How can we prepare to be like Moses and turn aside from what we are doing when God is trying to get our attention?

Scriptures

Now Moses was keeping the flock of his father in law, Jethro, the priest of Midian; and he led his flock to the west side of the wilderness and came to Horeb, the mountain of God.

-Exodus 3:1

And the angel of the Lord appeared to him in a flame of fire out of the midst of a bush; and he looked, and behold, the bush was burning, yet it was not consumed. -Exodus 3:2

And Moses said, "I will turn aside and see this great sight, why is the bush is not burnt."

-Exodus 3:3

When the Lord saw that he turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here am I." -Exodus 3:4

Thus says the Lord, Who makes a way through the sea and a path through the mighty waters, who brings forth the chariot and the horse, the army and the might man (they will lie down together and not rise again; They have been quenched and extinguished like a wick): -Isaiah 43:16-17

Do not call to mind the former things, or ponder the things of the past. -Isaiah 43:18

Behold, I will do something new! Now it springs forth, do you perceive it? I make a roadway in the wilderness, rivers in the desert. -Isaiah 43:18-19

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Week Five

Do you recall any teachable moments from your youth that were impressed upon you by a parent, coach, teacher or other authority figure? If so, what were they?

Off the top of your head, what you say are your three core values? Why did you choose them? Where did they come from?

What would your family say were your three core values? Would they be the same or different? What opportunities have you had or do you have to impress your values upon the people you lead or the people around you?

What lessons or insights have you learned from this series?

Scripture

He who eats my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who eats me will live because of me. This is the bread, which came down from heaven, not such as the fathers ate and died; he who eats this bread will live forever. -John 6:57-59

Many of his disciples, when they heard it, said, "This is a hard saying; who can listen to it?" -John 6:60

But Jesus knowing in himself that his disciples murmured at it, said to them, "Do you take offense at this? Then what if you were to see the Son of man ascending where he was before?" -John 6:61-62

"It is the Spirit that gives life, the flesh is of no avail; the words that I have spoken to you are Spirit and life. But there are some of you who do not believe." -John 6:63

After this many of his disciples drew back and no longer walked with him. Jesus said to the Twelve, "Will you also go away?" -John 6:66-67

Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life; and we have believed and come to know, that you are the Holy One of God." -John 6:68-69